

SCARSTORIES · A LITTLE COMPANY ON THE WAY

Should I stop my statin because of muscle aches?

Ahmed R. — 3 months post-CABG · 31 Aug 2026

PSA: please don't stop your statin because you read something scary online.

I did exactly that at week 8 post-op because of muscle aches and a forum post. My surgeon was not pleased. We switched me to a different statin and the aches went away. There are options — talk to your doctor before quitting anything.

A personal account, not a treatment recommendation. Experiences and recovery vary.

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.