

SCARSTORIES · A LITTLE COMPANY ON THE WAY

How do I manage the anxiety after surgery?

Omar K. — stent life · 17 Sep 2026

My chest twinges and I immediately assume the worst. Does that fade?

A personal account, not a treatment recommendation. Experiences and recovery vary.

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.