

SCARSTORIES · A LITTLE COMPANY ON THE WAY

Children and other people who depend on me

Recovery planning may include childcare and other care responsibilities.

Caregivers and family

Questions for an individual conversation with your care team.

Recovery planning may include childcare and other care responsibilities. These questions can help you ask for an individual plan. Answers depend on your situation and the people responsible for your care.

Questions to take to my team

☐ Who can help us plan childcare or support for other dependent relatives?

☐ When can I safely resume my usual caring tasks?

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.