

SCARSTORIES · A LITTLE COMPANY ON THE WAY

A written plan for urgent help

Ask for instructions tailored to you and your location.

The first two weeks at home

Questions for an individual conversation with your care team.

Ask for instructions tailored to you and your location. These questions can help you ask for an individual plan. Answers depend on your situation and the people responsible for your care.

Questions to take to my team

☐ Can I have a written emergency plan with local numbers and after-hours contacts?

☐ If I am far from the hospital, where should I seek urgent help?

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.