

Pregnancy, contraception and heart medicines

Bring reproductive plans into the care conversation.

Other heart conditions and life stages

Questions for an individual conversation with your care team.

Bring reproductive plans into the care conversation. These questions can help you ask for an individual plan. Answers depend on your situation and the people responsible for your care.

Questions to take to my team

☐ Can I have a pre-pregnancy review with the appropriate heart and maternity specialists?

☐ Which contraception and medicines are suitable for my situation?

For discussion and personal reference. Your care team's individual instructions take priority. For an emergency, contact your local emergency service; do not wait for a community reply.